

Liza Jane's

DRESSING



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Cilantro

REDUCED FAT CREAMY CILANTRO DRESSING

Lively, fresh tasting dressing that can also be used as a marinade for chicken or fish and even as a sandwich spread as an alternative to mayonnaise. This dressing bursts with the fresh flavors of cilantro, garlic, fresh chilies and toasted Pepitas. Try it with your favorite tortilla chips for a great tasting dip!

Ingredients: Mayonnaise (Water, Canola Oil, modified food starch, Distilled Vinegar, Whey Protein Concentrate, Cider Vinegar, Salt, Non-Fat Dry Milk, Lemon Juice Concentrate, Onion Powder, Xanthan Gum, Natural Vitamin E, Natural Flavors, Oleoresin Paprika, Oleoresin Turmeric), Non-Fat Milk (Grade A Fat-Free Milk, Vitamin A Palmitate, Vitamin D3), Red Wine Vinegar (contains Sulfites), Cilantro, Pasilla Chile, Garlic, Cotija Cheese (Cultured Pasteurized Milk and Skim Milk, Sea Salt and Enzymes), Pumpkin Seeds, Xanthan Gum.



Buttermilk

REDUCED FAT CREAMY BUTTERMILK DRESSING

This has all of the flavors of the good old country style buttermilk dressing. We combined reduced fat mayonnaise with fresh shallots and spices for an extra creamy texture with less fat than other dressings.

Ingredients: Low-fat Buttermilk, Lite Canola Mayonnaise (Water, Naturally Extracted Canola Oil, [by pressure], Whey, Modified Food Starch, Vinegar, Cider Vinegar, Whey Concentrate, Salt, Non-Fat Dry Milk, Spice, Citric Acid, Onion Powder, Maltodextrin, Spice Extract, Extract of Turmeric and Paprika), Sour Cream, Fresh Shallots, Fresh Onions, Red Wine Vinegar, Fresh Garlic, Xanthan Gum, Salt, Black Pepper, Dried Chives.

Basil

REDUCED FAT CREAMY BASIL DRESSING

Fresh basil combined with pine nuts, garlic, parmesan cheese and a hint of oregano makes for a fantastic salad dressing on this one, or even try it tossed with your favorite pasta or top on poached salmon or your favorite fish!



Ingredients: Lite Canola Mayonnaise (Water, Expellar Pressed Canola Oil, [Corn], Grain Vinegar, Cultured Skim Milk, Whey Protein Concentrate, Sea Salt, Cider Vinegar, Natural Spices, Citric Acid, Dehydrated Onion, Oil of Mustard, Turmeric, Paprika), Non-Fat Milk (Skim Milk, Vitamin A Palmitate, Vitamin D3), Red Wine Vinegar (Contains Sulfites), Parmesan Cheese (Milk, Cheese Cultures, Salt Enzymes), Pine Nuts, Fresh Basil, Fresh Garlic, Xanthan Gum, Fresh Marjoram.

Feta

REDUCED FAT CREAMY MEDITERRANEAN FETA DRESSING

This blend of olive oil, garlic, feta cheese, Bermuda onion and fresh spices makes this Mediterranean dressing a favorite for us. It is also great tossed in with pasta salad or even served alone with some crusty bread as a dip or spread.



Ingredients: Lite Canola Mayonnaise (Water, Naturally Extracted Canola Oil, [by pressure], Whey, Modified Food Starch, Vinegar, Cider Vinegar, Whey Concentrate, Salt, Non-Fat Dry Milk, Xanthan Gum, Spice, Citric Acid, Onion Powder, Maltodextrin, Spice Extract, Extract of Turmeric and Paprika), Feta Cheese, Vinegar, Water, Olive Oil, Fresh Red Onions, Fresh Garlic, Black Olives, Kalamata Olives, Lemon Juice, Fresh Oregano, Black Pepper, Salt

Shake well before using. Perishable, keep refrigerated.